

# Is this program for me?

Information provided to the Brighter Futures team suggests that the program may be able to help and support your family.

Remember that you decide if you want to join, and when you want to leave.



The Brighter Futures program is a joint partnership between Community Services, Department of Human Services NSW and non-government agencies to provide early intervention services to NSW families.



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PEI-006



Being a parent can be tough...

“My partner used to take drugs. I was worried what would happen to my children and thought I was a bad parent. A Brighter Futures worker looked at the strengths we had as a family and helped me get child care and get my partner into rehab.”

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People featured in photographs in this brochure are models only.

Help and support can make a real difference



## What is the Brighter Futures program?

We all want our children to be happy, healthy and safe.

The Brighter Futures program supports parents to give their children a good start in life. This includes families struggling with drug and alcohol problems or domestic violence. Brighter Futures can also support parents who don't have much help from families or friends and may be finding parenting tough.

**The Brighter Futures program can help you get the services you need.**



*"I'm a single mum with three kids. I don't have family close by, and I was worried because I wasn't coping and was taking it out on my kids. My Brighter Futures worker visits me at home each week and together we're making a plan that will make a big difference to our family. My kids are happier and I've got someone to talk to when I'm finding things hard."*

### Brighter Futures services

Services and support offered by the program include: home visiting, parent groups, playgroups and child care.

Joining Brighter Futures is voluntary.



*"I always thought Sam was deliberately trying to make me angry when he threw tantrums. And I wasn't proud of the way I treated him. After going to the parenting programs, I learnt that what he does is normal. I found ways to cope with Sam's behaviour, rather than getting angry and taking it out on him."*

### How does the program work?

A Brighter Futures worker will talk with you about what's working well for your family and what you're finding tough. You can tell us about your family, what support you already have and the problems you want to tackle.

Together, we'll plan for the services and supports that are right for your family.