Some of Bega SPAN’s proposed Initiatives for 2012

- Community Crisis information card
- Police pre and post prevention packs
- Grief and Loss Support Group
- 2012 World Mental Health Day event
- Guest speakers
- Training and workshops for Community members.
- Walk Against Suicide, Memorial wall
- Increasing mental health resources in Bega Valley Libraries
- Raising awareness around mental health and suicide with the local media
- Continue to develop relationships with key community groups and services

Bega Valley Crisis & Community Information Cards - 2012

Bega Valley SPAN is a member of Wesley Mission’s Life Network 2012
Bega Valley SPAN Members

Some of the current Bega Valley SPAN members Left to right Robyn Gibbs, Liz Seckold, Maryanne Beggs, Jennie Keioskie, Emma Benton and Andrew McManus at our recent pre launch Meeting

We look forward to seeing you at our next SPAN meeting or events.

Bega Valley SPAN is online

check us out at
www.wesleymission.org.au/Centres/lifeforce/Life_Networks/

SPAN
Bega Valley Suicide Prevention Action Network

We will meet from 1pm -3pm on the 3rd Thursday of each month.

Thurs 21st June 2012 - BEGA
Thurs 19th July 2012 - MERIMBULA
Thurs 16th August 2012 - EDEN
Thurs 20th September 2012 - BEGA
Thurs 18th October 2012 - MERIMBULA
Thurs 15th November 2012 - EDEN

VENUES:
Merimbula Auswide
15 Cabarita Place Merimbula
Bega Auswide
Corner Upper and Auckland St Bega
Eden Campbell Page
Eden Youth Centre
15 Bass St Eden

For further information please contact
Liz Seckold on 0447272893
or email us on begaspan@gmail.com

Check us out on the web just Google Bega Valley SPAN

The Bega Valley Suicide Prevention Action Network was established in late 2010 as a result of community concern around suicide.

It is made up of community members as well as service providers and is committed to increasing awareness around the issue of suicide.

The network believes suicide can be prevented and everyone in the community has a role to play in suicide prevention.

We welcome participation in this network and hope to draw on different skills and experience of the variety of members in our Community.

PATRON
The Hon Dr Mike Kelly AM MP
Federal Member for Eden Monaro