How much will a Com Packs package cost?

You will be asked to make a contribution. If you have any concerns regarding this payment, please discuss this with your case manager.

What happens when Com Packs finishes?

Before the Com Packs finishes, your case manager is required to link you with any ongoing services. This may involve a wait for available services.

Alternatively, they can provide information if you wish to engage services at a later date.

You can contact your Community Options case manager if you have any questions or concerns while receiving your Com Packs.

Further information:

There are several methods of contact, all ensuring confidentiality.

T 02 6499 2464
F 02 6499 2448
E aging&disabilityservices@begavalley.nsw.gov.au

Office hours:
Monday to Friday 9am to 5pm

Office Location:
Shop 2 corner Auckland & Upper Streets
Bega NSW 2550

Mailing
PO Box 492, Bega NSW 2550

Com Packs

NSW HEALTH

Bega Valley Community Options Com Packs Program

Com Packs

Information for Patients and their families

A package of care to help you manage a safe return home from hospital

Com Packs are provided by:
Bega Valley Shire Council
Community Options

SUPPORTING A SAFE RETURN FROM HOSPITAL
What is Com Packs?
Com Packs is a package of care to help you regain your independence and manage a safe return home from hospital.

How long does a Com Packs package last?
The package is available for up to six weeks following discharge from hospital. During this time, the Community Options case manager will assess your ongoing needs and make the necessary adjustments to your support.

Who is eligible?
Any person in hospital who is assessed as needing the support of two or more community services following discharge from participating NSW public hospitals.

How do I get a Com Packs referral?
Hospital staff make the referral and they could be:
- Ward nurses
- Discharge planner
- Aged Care Assessment Team (ACAT)
- Occupational Therapists
- Social Workers
- Physiotherapists
- Doctors

What is provided?
When you are referred for a Com Packs, a Community Options case manager is allocated to you and is your key contact throughout the program. A case manager assists in deciding with you what may be helpful during the program's six weeks.

Examples of what services the case manager can help you access are:
- Domestic assistance
- Equipment hire
- Washing and ironing
- Home modifications/maintenance
- Assistance with personal care
- Transport to and from appointments
- Meals on Wheels
- Meal preparation at home
- Social support
- In home respite
- Shopping support

SUPPORTING A SAFE RETURN HOME FROM HOSPITAL